

BLACK MATERNAL HEALTH ADVOCACY

By Sister-to-Sister, Inc.

This resource addresses the critical issue of maternal health disparities affecting Black women and explores avenues for advocacy and change.

Understanding the Maternal Health Crisis

The statistics surrounding Black maternal health are alarming. Black women are significantly more likely to experience complications during pregnancy and childbirth than their white counterparts. This disparity is rooted in a complex interplay of factors, including:

- Systemic racism within the healthcare system
- Lack of access to quality care and resources
- Socioeconomic disparities impacting overall health
- Implicit bias among healthcare providers
- Chronic stress related to racial discrimination

Advocacy and Empowerment: Our Path Forward

Addressing this crisis requires a multi-pronged approach focused on advocacy, education, and empowerment. We must:

- Demand policy changes that prioritize Black maternal health
- Support community-based initiatives that provide culturally competent care
- Empower Black women to advocate for their own health needs
- Raise awareness about the disparities and their impact
- Promote research into the root causes of these inequities

What Can You Do?

- Educate yourself on the issues.
- Support organizations working to improve Black maternal health.
- Share information with your network.
- Contact your elected officials to advocate for policy changes.
- Listen to and amplify the voices of Black women.

Sister-to-Sister's Commitment

Sister-to-Sister is committed to advocating for equitable maternal healthcare for Black women. We are working to:

- Develop and implement culturally relevant health programs.
- Provide resources and support to Black mothers and families.
- Partner with community organizations to address the social determinants of health.
- Advocate for policies that promote health equity.

Conclusion

The Black maternal health crisis demands urgent attention and action. By working together, we can create a healthcare system that values and protects the lives of all mothers. We must continue to advocate for change, empower Black women, and build a future where every mother has the opportunity to thrive. Thank you for reading, and we encourage you to join us in this important work.